



CAREER WORKSHOPS

"How to build, develop and use a professional network"

Trainers: Bérénice Kimpe & Dr. Melike Riollet (Association Bernard Gregory)

This course will:

- introduce you to the principles of networking and its benefits for <u>career development</u>
- provide you with tools and methods to develop and mobilize your network for your career plan

You will learn:

- Building and mapping your network
- Rules of networking: practices to adopt and to avoid
- How to present yourself effectively: structure and content of a good professional pitch
- Informational interviews: how to prepare them and to conduct them
- How to overcome resistance from your contacts

You will create your professional pitch and get feedback from the trainers.

Tuesday 23 July 2019, 14:00-17:00

Seminar Room, Institute of Molecular Biology (IMB) Ackermannweg 4, 55128 Mainz

Registration until 08 July 2019

For more information on the course and registration contact: ngc.mainz@gmail.com



Supported by the Gutenberg Nachwuchs Kolleg